



PRIDEnet

CATALYZING LGBTQ HEALTH RESEARCH



How we age: New survey aims to understand the unique health concerns of LGBTQ+ individuals over 50.

More than 2 million LGBTQ adults over the age of 50 live in the United States. And this number is projected to double

by 2030. But sadly, not much is known about the unique health care needs of older LGBTQ adults. Researchers out of the Institute for Health & Aging at the University of California, San Francisco are working with [The PRIDE Study](#) team to not only identify the health needs of LGBTQ adults over 50, but find ways to improve the health and health care for our community members older than 50.

To learn more about this research, as well as other research being conducted to improve the health of the LGBTQ community, [click here!](#)



Training medical professionals about treating transgender patients.

Our community partners at [TransForward - Texas Transgender Health](#) are working to educate medical providers on best practices to treat transgender individuals. **Step 1:** "Remember that transgender patients are fellow human beings! Each transgender patient has a unique lived experience, which unfortunately often includes discrimination from health care providers. This can create a fear of entering the health care environment, causing delays in treatment or

non-participation in health screenings which creates vast health care disparities in the transgender community."

To read more, [check out this blog post submitted by our partners to the Texas Nurses Association website!](#)



Why LGBTQ representation in medical research is SO critical.

What happens when ONLY white patients are included in the study of the effect of Type 1 Diabetes on the body? Or when ONLY men are studied when it comes to the size and function of the brain?

Underrepresented individuals, women, communities of color, LGBTQ folks – all bear a terrible burden when medical research is conducted in ways that limit the inclusion of diverse populations.

That's why the participation of LGBTQ individuals and communities of color in the *All of Us* Research Program is so critical. **Understanding the unique health needs of our communities leads to better diagnosis, better treatment, and better care.**

Ready to do your part to help add diversity to health research? [Join the All of Us Research program now.](#) If you have time, [check out this article in the Journal of Translational Medicine](#) about just how important community engagement and participation is to the success of this study.

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THE PRIDE STUDY



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