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The Renegades - Butches and Studs in Their Own Words
Pioneering lesbian activist Phyllis Lyon dies at 95
Queens Stories: The Story of Lorena Borjas: The Transgender Latina Activist
'There's Always a Rainbow After the Rain.'
Challenged by Coronavirus, LGBTQ Communities Worldwide Plan Digital Pride Celebrations

Dear Friend,

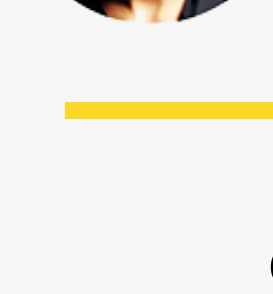
Like many of you, I am facing the challenges of balancing life due to the unprecedented impact of COVID-19. I am home-schooling a toddler, keeping up with work and family, supporting those who have fallen sick or who are at risk and isolated, figuring out how to keep a household running while practicing "social distancing" and yet, staying human and socializing from a distance.

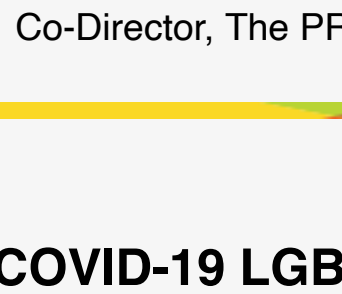
As an OB/Gyn physician, I am also seeing first-hand how the experience of COVID-19 is affecting our mental, social, and physical health. Often invisible from the mainstream, the LGBTQ+ community is particularly vulnerable to the impacts of the disease likely due to experiences of discrimination in health care settings that keep many of us from seeking care or receiving equitable high-quality care. In addition, our communities have higher rates of certain COVID-19 risk factors, including higher rates of tobacco use, cancer, and HIV.

For these reasons, we continue doing our research on LGBTQ+ health. We recently launched a survey to learn more about the impact of COVID-19 on our communities entitled "Physical, Mental, & Social Impacts of the Novel Coronavirus on SGM People." It will help us identify the emergence of symptoms of the novel coronavirus among LGBTQ+ people and will assess the experiences of health care interactions for those with respiratory illnesses.

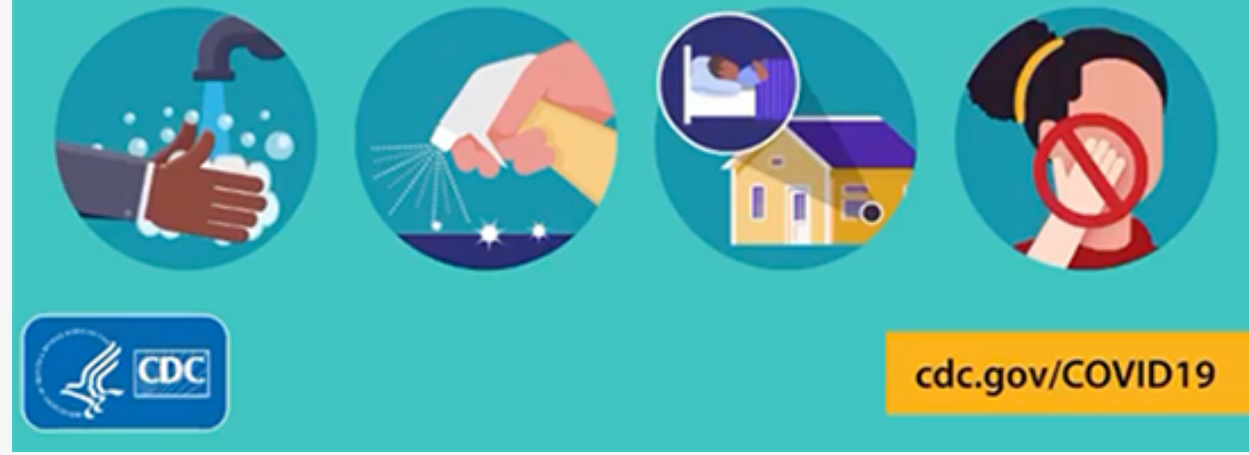
Thank you for helping us continue to expand on our study during this challenging time either by joining [The PRIDE Study](#) or the [All of Us Research Program \(AoU\)](#) yourself, sharing our work with friends, and/or on social media.

We are a resilient community and we will make it through this, together.



Sincerely,

Juno Obedin-Maliver, MD, MPH, MAS
Co-Director, The PRIDE Study, PRIDEnet

COVID-19 LGBTQ+ Resources



We wanted to share some resources from our [Community Partners](#) on COVID-19. Information is changing daily, often times, hourly. It's sometimes hard to know who to trust, and also, to feel included. We also encourage you and your family to frequently check [cdc.gov/COVID19](#) for up to date information.

THE EQUI INSTITUTE (Portland)

Resources and recommendations relating to the Coronavirus (COVID-19) including best practices, resources and mutual aid, trans and queer specific mental health resources, stuff to do suggestions, and some Oregon specific information.

[equi-institute.org](#)

FENWAY HEALTH (Boston)

Fenway Health's [Violence Recovery Program](#) continues to support people who have experienced domestic violence, sexual assault, and anti-LGBTQIA+ discrimination. As COVID-19 has confined people to their homes and left many isolated from support networks, people may be more vulnerable to sexual violence and other forms of abuse.

[fenwayhealth.org](#)

MONTROSE CENTER (Texas)

Montrose Center offers teletherapy for their client's appointments.

[montrosecenter.org](#)

National African American MSM Leadership Conference (NAESM, Atlanta)

NAESM continues to offer Housing Assistance and Life Coaching (Mental Health, Substance Abuse and Quality of Life support).

[naesm.org](#)

NATIONAL LGBT CANCER NETWORK (New York)

General Information, provider search, caregiver resources and more..

[cancer-network.org](#)

SAGE and HRC - New Research

Brief co-created by SAGE and HRC explores vulnerabilities and the action steps that can be taken to properly support older LGBT people.

[sageusa.org](#)



Exciting news!

[All of Us Research Program](#) (AoURP) plans to start checking DNA for traits and ancestry (where your ancestors came from) soon. In the future, they will also be able to check your DNA for information that could affect your health.

DNA is a molecule found in our blood and cells. Each person's DNA is 99 percent the same as the DNA of every other person on Earth. *Within the other 1 percent are all the DNA changes that make each of us unique.*



DNA 101: What Are Traits?

Some DNA changes have to do with the way we look or how our bodies work. We call these traits. The color of your eyes and the color of your hair are both traits that are easy to see. Other traits are less obvious. Those could affect things like:

- Lactose intolerance: Some people feel sick when they have milk and other dairy foods.
- Caffeine sensitivity: Some people can drink a lot of coffee and not feel any different. Other people get jittery after only a little bit of caffeine.
- Cilantro preference: To some people, this herb tastes great. To others, it tastes and smells like soap!
- Earwax type: There are two kinds of earwax: sticky and flaky. Our genes decide which kind we have.

Want to be part of it? Visit PRIDEnet's [UPDATED PAGE](#) (including amazing photos of Bay Area community members) [JoinAllOfUs.org/LGBTQ](#) to get started!

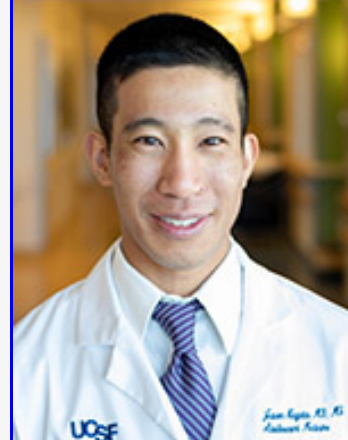


New Study:

How to Ask For Harmful Alcohol Use with Transgender and Gender Expansive People

The PRIDE Study's Associate Director and UCSF's Site Director Annesa Flentje, PhD.'s paper, "Screening Gender Minority People For Harmful Alcohol Use," was published by *PLOS One*. These findings not only expand our knowledge about alcohol use in transgender and gender expansive people, health care providers can now confidently ask their transgender and gender expansive patients about alcohol use.

[Read more – Scroll to Study #6](#)



New Study:

Eating Attitudes and Behaviors in Transgender Men and Women

UCSF Assistant Professor, Pediatrics and The PRIDE Study Affiliated Researcher Jason Nagata, MD's, "Community Norms for the Eating Disorder Examination Questionnaire (EDE-Q) among Transgender Men and Women," was published by *Eating Behaviors*. These findings not only expand our knowledge about eating disorder attitudes and behaviors among trans men and women, the results can help healthcare providers and researchers to understand how their transgender patients' or participants' scores compare to the average transgender man or woman's score for this survey.

[Read more – Scroll to Study #7](#)

National Nurses Week - Join Us in Saying Thank You!

National Nurses Week begins each year on May 6th and ends on May 12th, [Florence Nightingale's](#) (considered the founder of modern nursing) birthday. Nurses are who we count on for comfort, and this year they've been on the frontlines with many COVID-19 patients.

- Do you have a nurse in your life who you'd like to personally thank?
- Are they LGBTQ+ or proud to be LGBTQ+ inclusive?
- Are you a nurse and want to send a message to the community? Maybe someone who had avoided medical care thanked you for making them feel welcomed and that caught you by surprise? We'd like to celebrate you and share your story too!

Include their Twitter/Facebook/ and/or Instagram handle and we'll tag them on your quote during nurses week. Would make a great surprise! [Join Us Now in Saying Thank You!](#)



OUR ONLINE COMMUNITY!

Become a part of our online community and learn about program updates, as well as what's happening in the community around the country.

Follow One, Follow All, Follow Today!



In Case You Missed It - From our social media feed.

- [Dr. Fauci Praises the "Courage and Dignity" of the Gay Community Next to Mike Pence](#)
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- [Pioneering lesbian activist Phyllis Lyon dies at 95](#)
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- ["There's Always a Rainbow After the Rain." Challenged by Coronavirus, LGBTQ Communities Worldwide Plan Digital Pride Celebrations](#)

JOIN STUDY

Already joined? [Click here to log in.](#)

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