

Hi Friend,

I am The PRIDE Study's LGBTQ+ Project Manager at Stanford University Medical School. I joined PRIDE a year ago and am honored to work with passionate LGBTQ+ physicians, researchers, and coworkers. Being a Brown gay immigrant (triple minority), I also feel safe working here especially during these challenging times:

- We are undergoing a global viral pandemic.
- We are seeing increased racist policing and mass protests.
- We are experiencing economic disruption.
- We are witnessing more trans murders, and victims being dead-named by media.
- We are being threatened by climate change.
- And we are also in the middle of a contentious election year (please vote)!

But even during such turmoil, LGBTQ+ people are not simply surviving, we are thriving, as we prove that we are more than the sum of our problems:

- We are parents.
- We are scientists.
- We are suffragists.
- We are abolitionists.
- We are environmentalists.
- We are civil rights activists.
- We are Stonewall demonstrators.
- We are candidates winning elections!

LGBTQ+ people also go high when others go low:

- We are proud in the face of stigma.
- We are resilient in the face of adversity.
- We are peaceful in the face of violence.
- We are righteous in the face of injustice.
- We are united in the face of divisiveness.
- We are capable in the face of challenges.
- We are determined in the face of discrimination.

On a personal note, having this time at home in isolation I've found myself spending more time being online (mostly on dating apps!). If you also find yourself having more time, please consider having your sexual orientation and gender identity counted: Continue to expand on our study during this challenging time either by joining The PRIDE Study or the All of Us Research Program (AoU) yourself, sharing our work with friends, and/or on social media.

Thank you for reading!



With gratitude and pride,

Zubin Dastur

Zubin Dastur, MS, MPH (he/him/his) LGBTQ+ Project Manager, The PRIDE Study, PRIDEnet



## Want to Collaborate and/or are **Curious About Current Studies in Progress?**

We updated our list of ancillary studies to keep you up to date on their status and who the collaborating investigator involved is. Through The PRIDE Study's ancillary studies, a wide variety of investigators working on academic or community-based projects related to LGBTQ+ health can apply to work collaboratively with The PRIDE Study team.

# Let's change the world. Together.

#### **Ancillary Studies**

We welcome the opportunity to facilitate high-quality, community-engaged, research collaborations that aim to improve the health and well-being of LGBTQ+ communities. Through The PRIDE Study's ancillary studies, a wide variety of investigators working on academic or community-based projects related to LGBTQ+ health can apply to work collaboratively with The PRIDE Study team.

Approved Ancillary Studies A complete listing of approved ancillary studies is available here.



Ancillary Study Application System and Important Associated Materials APPLY HERE The PRIDE Study Ancillary Study Application System NOTE: The PRIDE Study is experiencing delays processing AS applications during the SARS-CoV-2/COVID-19 pandemic. We appreciate your patience.

Learn more at: <u>https://pridestudy.org/collaborate</u>

# **Summer Reading Meets Citizen Science**



NNLM has created Citizen Science virtual activities in support of their Summer Reading program. Join them on their next webinar "Fight Plastic Pollution Online Q&A with Glendora Public Library in Glendora, CA".

- August 12, 2020, 7:00 PM ET, Register here

- August 17, 2020, 6:30 PM ET, Register here

If you can't make it, do not worry! You can access past recordings and future sessions throughout the month of August on the <u>SciStarter blog</u>.

To learn more about the All of Us Research Program and to enroll, visit: JoinAllofUs.org/LGBTQ.



# **ICYMI: COVID-19 Is Wreaking Havoc on LGBTQ+** Mental Health

Like other minority populations, LGBTQ+ people are more likely to experience poor mental health outcomes due to a variety of factors, including discrimination, limited access to mental health care, and stigma around seeking treatment, according to the APA. Our Director, Mitchell R. Lunn, MD and Associate Director, Annesa Flentje, PhD were key to the study's publication.

"It could be that the pandemic is such a huge stressor that folks who were not prone to anxiety and depression [before] are starting to have those symptoms now." Mitchell R. Lunn, MD

"It will be important to find out what happens over time and to identify who is most at risk." Annesa Flentje, PhD

Read more <u>here</u>.



#### **OUR ONLINE COMMUNITY!**

Become a part of our online community and learn about program updates, as well as what's happening in the community around the country.

Follow One, Follow All, Follow Today!



#### In Case You Missed It - From our social media feed.

- Nevada begins tracking pandemic's effect on LGBTQ community
- <u>Chicago hospital apologizes for performing cosmetic surgeries on intersex</u> infants
- What it means to be: Pansexual
- Newly Acquired Queer Film Collection At Harvard Film Archive Celebrates ٠ **Butch Identity**

View more stories and images by joining our online community!



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