

Dear Friend, This year marks the 50th anniversary of the first Pride March, held in New

York City on June 28, 1970. During this huge milestone year for the LGBTQ+ community, we find ourselves in unprecedented circumstances, including the cancellation of events that bring many of us strength and connection. We continue to endure a pandemic that has left the most vulnerable in the

LGBTQ+ community even more so. We continue to see injustices against Black bodies especially trans women go unresolved. And just two weeks into Pride Month — on the first anniversary of the Pulse nightclub shooting in Florida — the current administration released a rule that removes health care protections for people who are transgender. Throughout the years we have had to search for our strength and resolve, again and again. This year, many of us found that resolve by remembering

LGBTQ+ history and how Stonewall started as an Uprising! Some of us took to the streets to march for Black Lives. We also found alternative ways to celebrate Pride. Participating, organizing, and inviting our friends to join us for virtual Pride parties, parades, drag shows, town halls, art exhibitions, happy hours, and more. We found connections where we could, with others, and within ourselves. We reached out to our friends, family, and coworkers. We did what we do best, we got creative and we got loud! The PRIDE Study saw, once again, the LGBTQ+ community being left out

of research so, we initiated our own research on "Depression and anxiety changes among sexual and gender minority people coinciding with onset of

COVID-19 pandemic." This is one of the first studies to look at mental health and changes in mental health related to the COVID-19 pandemic among LGBTQ+ people. We also launched our 2020 Annual Questionnaire this month, and we couldn't be prouder. Now more than ever we need to encourage LGBTQ+ people to participate in health research to raise awareness on the overall health and well-being of our communities. LGBTQ+ people need to be seen, heard, and served as a community. The All of Us Research Program also expanded its COVID-19 research—through antibody testing, a survey on the pandemic's

impacts, and collection of electronic health record information. As partners, we are ensuring that the LGBTQ+ community is included in their important work as well. No doubt this year is... different, as we find ourselves in so many unique situations, we can't help but wonder, what is on the other side of all this? A new world we hope! No matter what the circumstance, continue to hold your heads up high, scream as loud as you can, and show your Pride. We will not be erased!

Together In Pride, Ana Rescate Ana Rescate, MBA Communications Specialist, The PRIDE Study, PRIDEnet

The PRIDE Study 2020 Annual Questionnaire!



or official records. 2) **Hospitalization Assessment** – To capture the frequency and reasons for being hospitalized and using emergency health facilities. 3) **Chronic Pain** – To evaluate whether a participant has pain, if it is long-

participant experiences in changing their name and/or gender on any IDs

4) Adverse Childhood Experiences – To understand events that may have happened during a participant's childhood and may help others in the future.

have been used early in life to affirm a participant's gender identity.

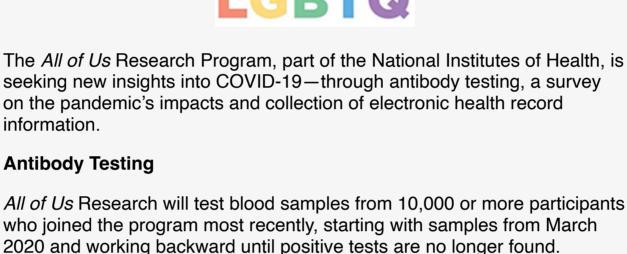
5) **Puberty Suppression** – To understand if and/or how medications may

standing, and where the pain is located in their body.

If you haven't joined, learn more at <u>pridestudy.org.</u>

Program Update - COVID19 Research Expansion

of US LGBTQ



Participants are invited to take the 20- to 30-minute survey each month until the pandemic ends, so researchers can study the effects of COVID-19 over time and better understand how and why COVID-19 affects people differently.

researchers look for patterns and learn more about COVID-19 symptoms

To learn more about the All of Us Research Program and to enroll, visit

and associated health problems, as well as the effects of different medicines and treatments.

The program is working to standardize EHR information to help

Electronic Health Records (EHR)

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Community."

JoinAllofUs.org/LGBTQ.

COVID-19 Participant Experience (COPE) Survey

information.

Antibody Testing

Read the <u>full press release</u>.

The future of health begins with you



Community: Healthy or Harmful?" to "The Association Between Trauma and Migraine in the Lesbian, Gay, Bisexual and Transgender (LGBT)

Read more and follow our blog at: https://medium.com/thepridestudy/

New Publication:

Including transgender and gender non-binary

people in online sexual and reproductive health

surveys

The PRIDE Study Affiliated Researcher and Associate at Ibis Reproductive Health Heidi Moseson, PhD's, paper: "Including transgender and gender non-binary people in online sexual and reproductive health surveys" was published by PLOS ONE. We learned new things about how participant

researchers can use this survey to understand the sexual and reproductive

input can be used in different ways to improve research. We hope

health experiences of ALL people, regardless of gender identity.

Read more - Scroll to Study #8

New Publication: Depression and anxiety changes among sexual and gender minority people coinciding with onset of **COVID-19** pandemic

The PRIDE Study's Associate Director and UCSF's Site Director Annesa Flentje, PhD.'s paper, "Changes in depression and anxiety levels among LGBTQ+ people coinciding with onset of the COVID-19 pandemic," was published by Journal of General Internal Medicine. These findings helped us understand how the COVID-19 pandemic might be impacting the mental health of LGBTQ+ community members. We learned that people overall had more symptoms of anxiety and depression after the pandemic began

(with some interesting exceptions).

Read more - Scroll to Study #9

Calling All Artist - There's still time to enter! **Deadline extended to July 5!** We are looking for inclusive and inspiring art and designs to include on items such as tshirts, buttons, posters, and stickers. We will be selecting three designs, with a \$500 prize for each. Submit your designs by 11:59pm July 5, 2020. Find out more at: https://bit.ly/PRIDESwagContest

> SUBMIT YOUR DESIGNS PRIDE STUDY **DESIGN** CONTEST Three \$500 Prizes Awarded! More Info at: bit.ly/PRIDESwagContest **OUR ONLINE COMMUNITY!**

Become a part of our online community and learn about program updates, as well as

Follow One, Follow All, Follow Today!

what's happening in the community around the country.

- In Case You Missed It From our social media feed. Janet Mock, JoJo & More React to The Attack on Trans Woman Iyanna Dior: 'Black Trans Lives Matter'
- For LGBTQ students, living at home brings its own set of challenges LGBTQ Pride Month leaders, in show of solidarity, unite to support George Floyd protests: 'Stonewall was a riot' What Does Pride Mean Now?

Black & Queer: What It Means To Celebrate Juneteenth And Pride In **The Same Month**

JOIN STUDY

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