

Dear Friend,

Changes to improve LGBTQ+ lives are what lead me to start The PRIDE Study and PRIDENet along with my friend and colleague, Dr. Juno Obedin-Maliver. As a gay man, I experienced discrimination in health care including not having my questions answered, being told to go to a "gay" clinic for answers, and by having to teach my providers about my own health care. In medical school, I learned that **evidence from research influences** the decisions that **health care providers make and how patients are treated**. We need these research-based findings to improve our health! Participating in The PRIDE Study and letting others know about your participation is one way that you can help bring change. Another way you can bring change is by voting.

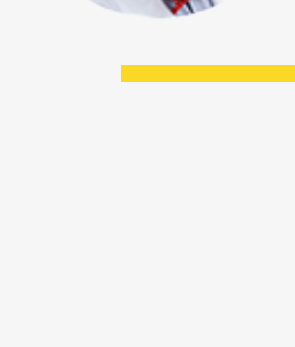
As we enter the final stretch of this election season, our country continues to see significant divisiveness, unrest, and the need to make changes to improve our lives, health, and well-being. Whether you are a Republican, Democrat, Independent, or have another party affiliation, **voting is one of the important duties in our democracy**. It has the power to **influence health, well-being, access to health care including insurance, and access to a myriad of health influencers** like housing, public transportation, and fresh foods.

Prior to entering the voting booth, we – as an LGBTQ+-focused health study – invite you to review voter guides by local, state, and national organizations to learn more about candidates and ballot measures that could influence LGBTQ+ people including family and friends. Some of our community partners, like the Human Rights Campaign, have guides to help inform you.

If you are eligible to vote, please do so. With a forecasted record high voter turnout year, please be prepared for long lines at polling places with some of the following tips:

- This week, take a moment to discuss time off to vote with your boss/teachers and review the policies of your work or school.
- Arrive early (or even before polls open) to get a spot towards the front of the line.
- Bring appropriate COVID-19 protective equipment including face covering and hand sanitizer/gloves.
- Remain social distanced (at least six feet apart) whenever possible.
- Wear comfortable shoes.
- Depending on the weather in your area, dress in layers so that you can take clothes off if the temperature gets too warm. And bring an umbrella in the event of rain.
- Bring a light foldable chair to sit in.
- Bring plenty of fluids to avoid dehydration.
- Avoid the lines altogether and vote early or by-mail if your state allows.

As The PRIDE Study continues, we hope that the research we conduct will be used to positively impact policies that improve the health of LGBTQ+ people. From all of us at PRIDENet and The PRIDE Study, we wish you a happy and healthy Fall!



Sincerely,  
*Mitchell R. Lunn*  
Mitchell R. Lunn, MD, MAS  
Co-Director, The PRIDE Study, PRIDENet

**NEW BLOG POST!**

by: **Leslie Suen, MD**  
Pronouns: She, Her, Hers



Language matters, and how we ask questions can matter just as much as what we're asking, especially when it comes to important topics like asking about someone's sexual orientation and gender identity. In health care and in research, whether and how we ask questions about someone's Sexual Orientation or Gender Identity (SOGI) can have significant impact on how visible (or invisible) sexual and gender minority people are in our society. By accurately and inclusively collecting information on SOGI, we can better understand the diversity, strengths, and needs of these communities to ensure better health and resource allocation for everyone.

Read more: <http://bit.ly/SOGLresearch>

**YOU'RE INVITED!**

Únase a nuestro evento virtual de *All of Us* LGBT  
14 de Octubre, 10:00 AM PT



Únase a nosotros para una presentación virtual e interactiva sobre el Programa Científico *All of Us*. Queremos compartir el objetivo de *All of Us*, que es acelerar los avances en la investigación de la salud. Este evento virtual cuenta con actividades atractivas para ayudarle a aprender sobre el programa. El Programa Científico *All of Us* es un programa de investigación de los Institutos Nacionales de Salud. La investigación en salud es más importante que nunca. Cuanta más información tengan los investigadores, más rápido podrán descubrir nuevos tratamientos y curas para enfermedades como COVID-19.

Registrarse aquí: <http://ow.ly/kfbw50BOWmi>

**Designing Sexual and Reproductive Health Research with and for Sexual and Gender Minority People**  
October 20, 2020 – 2 p.m. to 3 p.m. Eastern – [Via Webex - Registration Required!](#)

The ways in which we conduct research have implications for the quality of our data, and the inferences we can draw from those data. When participants feel respected, confident in and trusting of study investigators, and invested in the study topic, participants may be more likely to report complete and accurate data. One way that researchers can establish trust with participants is by designing research questions that resonate with participants' lived experiences.

Register: <https://dpcpsi.nih.gov/sgrmo/scientific-webinar-series>

	<p><b>Heidi Moseson (she/her), PhD, MPH</b></p> <p>Epidemiologist, Ibis Reproductive Health Dr. Heidi Moseson is an Epidemiologist at Ibis Reproductive Health. Dr. Moseson is the Principal Investigator of the "Understanding the family planning needs and experiences of transgender, nonbinary, and gender-expansive people in the United States" study, a national, collaborative, multi-methods study of sexual and reproductive health priorities and experiences of TGE people assigned female or intersex at birth. Dr. Moseson's training and research portfolio focuses on identifying bias in sexual and reproductive health research, and in developing and testing new research tools to overcome these biases.</p>
	<p><b>Juno Obedin-Maliver (she/her), MD, MPH, MAS</b></p> <p>Assistant Professor of Obstetrics and Gynecology, and Epidemiology and Population Health at Stanford University School of Medicine, and Co-Director of The PRIDE Study</p> <p>Dr. Juno Obedin-Maliver is an Assistant Professor of Obstetrics and Gynecology as well as Epidemiology and Population Health at Stanford University School of Medicine who provides clinical care and strives to advance scientific knowledge through her research.</p> <p>Dr. Obedin-Maliver, is the Co-Director of The PRIDE Study (<a href="http://pridestudy.org">pridestudy.org</a>), a multi-site online prospective longitudinal cohort of sexual and gender minority individuals based at Stanford. She also serves on the medical advisory board of the University of California San Francisco Center of Excellence for Transgender Health and is helping to author the next version (SOC8) of the World Professional Association for Transgender Health (WPATH) Standards of Care.</p>

**All of Us Research Program and COVID-19 Research**



COVID-19 is reaching many different parts of our lives. Even if we ourselves don't get sick, it may be impacting our physical and mental health. Learning more about this is important for researchers. It could help them better understand COVID-19. *All of Us* has created a dedicated page with resources and updates on the work they're doing, and how you can help with COVID-19 research at [JoinAllOfUs.org/coronavirus](http://JoinAllOfUs.org/coronavirus)

To learn more about the *All of Us* Research Program and to **enroll online**, visit [JoinAllOfUs.org/LGBTQ](http://JoinAllOfUs.org/LGBTQ).



**New Publication:**

**Abortion experiences and preferences of transgender, nonbinary, and gender-expansive people in the United States.**

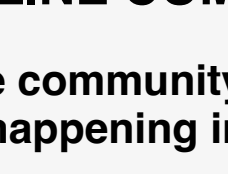
About one in ten TGE participants reported having ever been pregnant. More than one in five of the pregnancies they reported ended in abortion. Of the abortions that participants reported, most were surgical abortions. When all participants (regardless if they had already had an abortion) were asked what kind of abortion they would prefer, most said they would choose an abortion with pills (medication abortion) instead of a surgical abortion, because it seemed more private and comfortable. Almost one in three people did not know what kind of abortion they would choose, if faced with that decision.

[Learn more](#)

**OUR ONLINE COMMUNITY!**

Become a part of our online community and learn about program updates, as well as what's happening in the community around the country.

Follow One, Follow All, Follow Today!



**In Case You Missed It - From our social media feed**

- [Audre Lorde: A Black Lesbian Feminist Experience of Breast Cancer](#)
- [Monica Roberts, TransGriot Creator and Pioneer in Trans News, Has Died](#)
- [This Year's Transgender Murder Total Just Hit a Grim Milestone](#)
- [Justice Thomas: Aito Blast Supreme Court Decision On Same-Sex Marriage Rights](#)
- [Soraya Santiago Solla, Transgender Trailblazer, Dies at 72](#)



View more stories and images by joining our online community!



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