

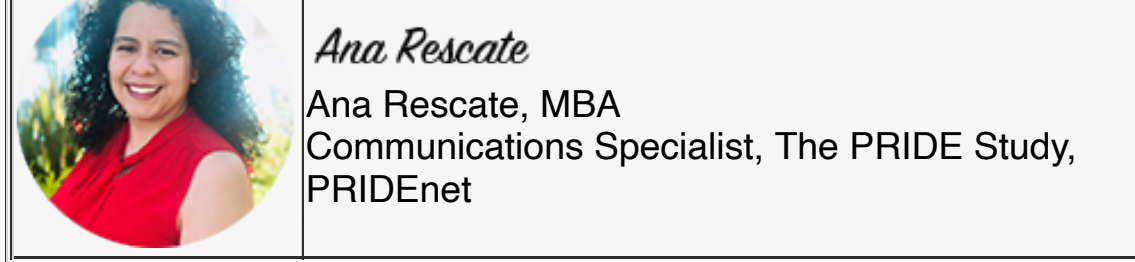
Dear Friend,

We hope that this email finds you healthy during these challenging times of COVID-19 prevention and care. Congratulations if you've already received a dose, or some of your friends and family members have. You are helping us move forward by caring for yourself and others. If you are still looking for COVID-19 related resources, we recommend the [U.S. Centers for Disease Control & Prevention](#) and the [World Health Organization](#).

Our The PRIDE Study site is currently under going maintenance but, if you haven't already, we'd like you to consider joining the [All of Us Research Program](#). LGBTQ+ people, like many other groups, have often been left out of medical research. By joining [All of Us LGBTQ+](#), you can help ensure that our community is included in health studies by the National Institutes of Health (NIH).

We know it's a commitment, but these studies could help researchers understand health conditions that are more common among LGBTQ+ people. What they learn could lead to more tailored approaches for preventing and treating those conditions.

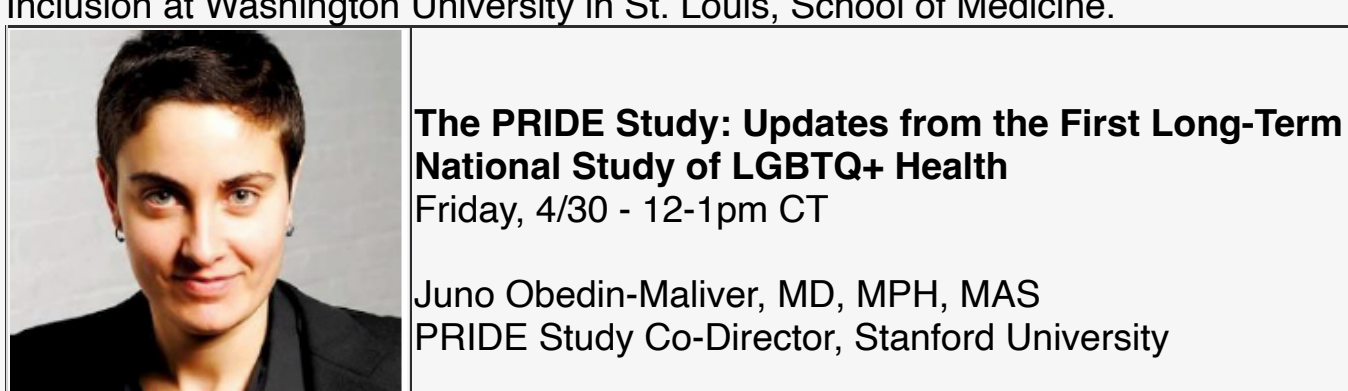
Thank you for supporting our research and contributing to our understanding of LGBTQ+ health care!



YOU'RE INVITED!
LGBTQ+ Health Month Event



The PRIDE Study's Co-Director, Juno Obedin Maliver, MD, MPH, MAS will be presenting The PRIDE Study updates on Friday, April 30 for LGBTQ Health Month. The event is presented by Diversity Programs and Diversity, Equity, and Inclusion at Washington University in St. Louis, School of Medicine.



The PRIDE Study Blog Corner

In Case You Missed It (ICYMI):
Bisexual+ Health Awareness

by: Ana Rescate, MBA

Last month was the 8th annual Bisexual+ Health Awareness Month (#BiHealthMonth), founded in 2014 by the Bisexual Resource Center (BRC) in response to data highlighting the health disparities faced by the bisexual+ (bi+) community when compared to gay, lesbian, and straight communities. We did an interview with Laura DelloStritto, boardmember at Bisexual Resource Center to learn more about the campaign and the disparities that bisexual people face.



Laura DelloStritto, boardmember at Bisexual Resource Center

Read more: <https://medium.com/thepridestudy>



The 2021 PRIDENet Summit will take place virtually from June 14-17, 2021 and we hope to see you there.

Registration is free and opens on May 1!

DNA 101: Genes Behind Some Diseases We Can Inherit



An exciting aspect of the *All of Us* Research Program is learning about what is in our DNA. When *All of Us* begins to share health-related results, what details might you learn? All of Us will share results with you about genes connected to diseases that can be inherited. Other results will be about signs in our DNA that tell us how we respond to medication.

Everyone carries different gene variants. These variations are changes to a gene's DNA that play out in distinct ways. Most gene variants are harmless. They can affect the way that we look, impact other traits (like what type of ear wax we have), or have no effect at all. Some helpful gene variants can lower your risk of getting certain diseases.

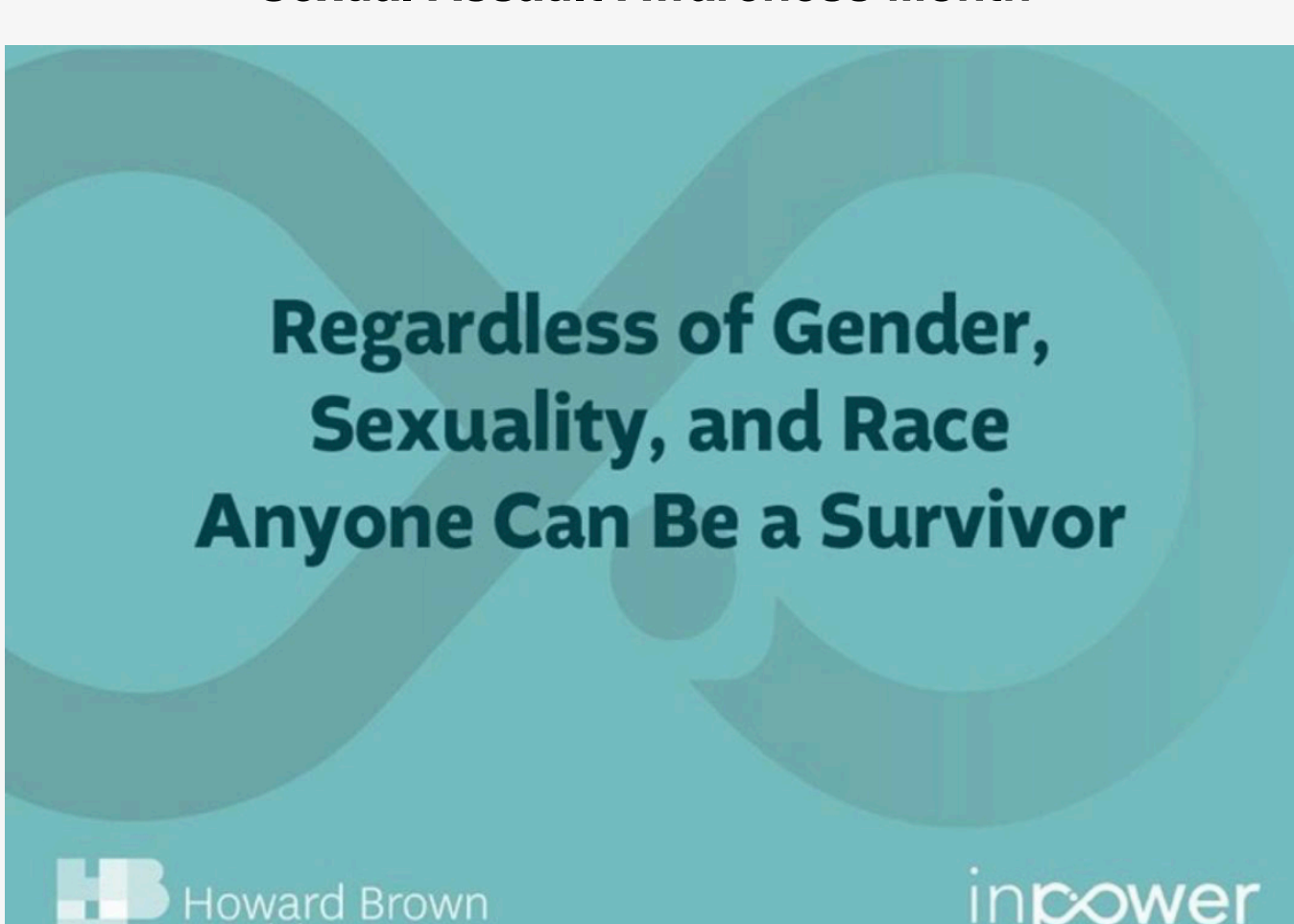
But some gene variants can cause health problems now or in the future. Having these variants does not mean that you will get a disease or that you have a disease now. It means that you may have a higher risk of getting it than other people who do not have the variation.

The health-related genes *All of Us* plans to look at are from a list of 59 genes put together by the American College of Medical Genetics and Genomics (ACMG). Learning about your DNA from All of Us can be the first step in that process. But remember, *All of Us* is a research program, not a health care service. You should always confirm results you receive from *All of Us* with a clinical test. And you should always talk with a doctor before you change your care.

To learn more about the *All of Us* Research Program and to **enroll online**, JoinAllofUs.org/LGBTQ.



Sexual Assault Awareness Month



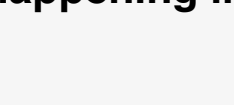
Proud to be a partner with [Howard Brown Health](#) and help spread the word about their [In Power program](#). Howard Brown Health is committed to addressing the growing concern of sexual violence against the LGBTQ community. Sexual assault isn't defined by gender or sexuality, but many existing programs for survivors are. Howard Brown has designed the first holistic LGBTQ-specific sexual assault response program in the nation: [In Power](#). In Power is proud to offer unique programming that addresses the needs of LGBTQ survivors and the community.

Visit howardbrown.org/inpower to learn more or email them at in.power@howardbrown.org.

OUR ONLINE COMMUNITY!

Become a part of our online community and learn about program updates, as well as what's happening in the community around the country.

Follow One, Follow All, Follow Today!



In Case You Missed It - From our social media feed

- [HIV Vaccine Closer Than Ever After New Trials Show Promising Results](#)
- [World Health Day: 5 things the pandemic has revealed about well-being](#)
- [Gay couple that adopted a baby they found in the subway tells their heartwarming story](#)
- ['Revolutionary' photo book of lesbians reissued for the first time since 1979](#)

WHO HAS A SAY IN YOUR IDENTITY:



View more stories and images by joining our online community!

