

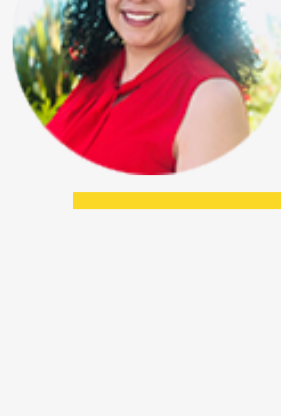
Dear Friend,

Another Pride month has come and gone during this pandemic. As many of us still take a step outside with trepidation and others are out and about comfortably, let's not forget that everyone's circumstances are different. Let's make sure to continue to remember how resilient and beautiful our community is and be kind and respectful to each other's choices. As we all know, Pride is year-round!

Speaking of Pride, we're so grateful for everyone that joined us last month for our first ever PRIDENet virtual summit. We saw many familiar faces and many new ones. We had students, researchers, community engagement leaders, research participants, and many more join us to explore the work that needs to be done to bring health equity to the LGBTQ+ community. In addition to our communications, health research presentations, and panels, we had networking sessions, creative spaces, and even created a group Spotify playlist that you can listen to [here](#).

The summit reminded us of the dedication and hard work that has been put in to making sure LGBTQ+ voices are not erased from health research, and also that there are always up-and-coming people that will continue that work. We got hope from the many that joined us to ask questions about what they can do to make sure their work is inclusive. Being around like-minded people is always inspiring and a reminder to keep going. We are not going anywhere!

Together in Pride,



Ana Rescate
Ana Rescate, MBA (she/her/ella)
Communications Specialist

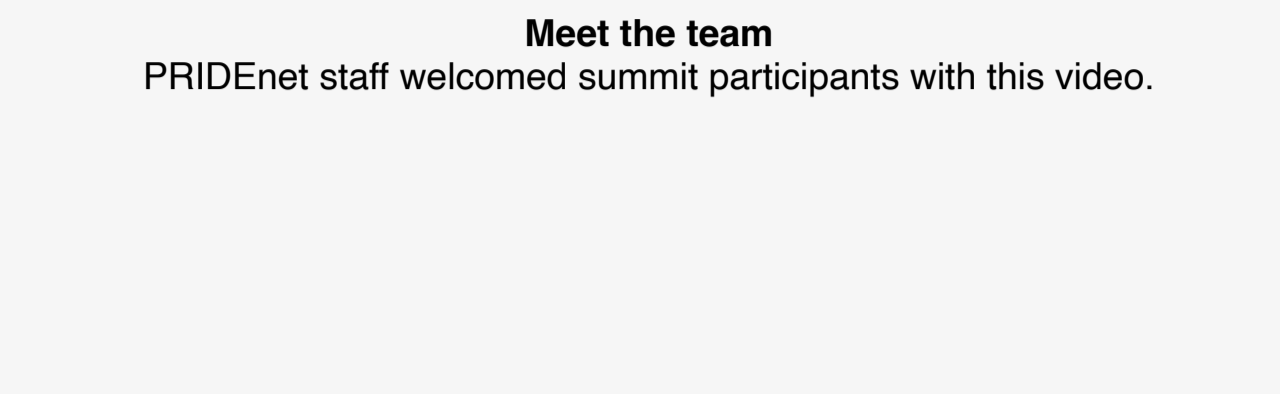
What makes PRIDENet great?

Our team and PRIDENet partners!

PRIDENet is a national network of individuals and organizations that actively engage our community in every stage of how LGBTQ+ health research is created, analyzed, and shared from The PRIDE Study. Through our Community Partners and an advisory group of health care specialists known as the Participant Advisory Committee (PAC), PRIDENet builds on decades of work by activists, health advocates, service providers, and researchers to improve the health and well-being of LGBTQ+ communities.

Meet the team

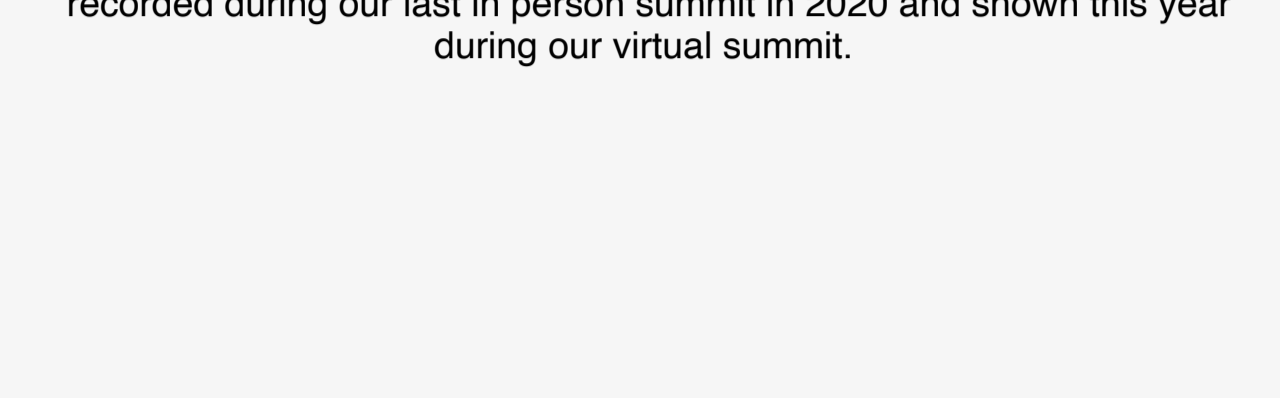
PRIDENet staff welcomed summit participants with this video.



Having trouble viewing? Click [here](#) to be taken directly to our YouTube channel.

PRIDENet testimonials

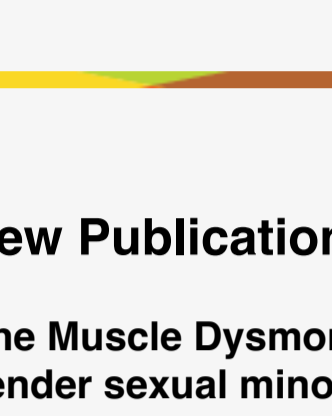
Hear from PRIDENet Ambassadors, PAC members, Community Partners, Staff and one of our amazing researchers, Dr. Jason Nagata in this video recorded during our last in person summit in 2020 and shown this year during our virtual summit.



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New Publications!

Community norms of the Muscle Dysmorphic Disorder Inventory (MDDI) among cisgender sexual minority men and women.

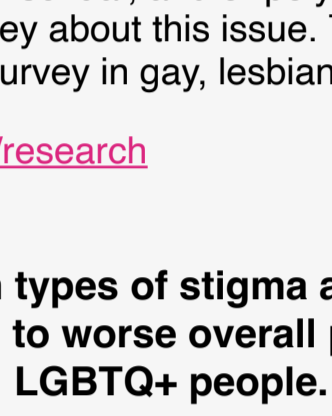


Jason M. Nagata, MD

Muscle dysmorphia means that someone is worried about not being muscular enough. We asked gay, lesbian, and bisexual plus people (those who identify as bisexual, pansexual, and/or polysexual) in The PRIDE Study to fill out a widely used survey about this issue. This is the first study to show the average scores of this survey in gay, lesbian, and bisexual plus people.

Read more: pridestudy.org/research

Understanding which types of stigma and discrimination are most strongly related to worse overall physical health among LGBTQ+ people.



Annessa M. Fienje, PhD

This study looked at which types of stigma and discrimination (the unfair treatment of people) are most strongly related to worse overall physical health among LGBTQ+ people. The different types of stigma and discrimination that we looked at were: experiences of discrimination (for example, being mistreated in a job because of being LGBTQ+), experiences of LGBTQ+ related violence, living or having grown up in a community where LGBTQ+ people weren't safe, living or growing up in a community where LGBTQ+ people weren't accepted, outness about one's LGBTQ+ identities, stigmatizing beliefs about LGBTQ+ people, and laws and policies that protect or hurt LGBTQ+ people within the state in which they live.

Read more: pridestudy.org/research

In the News

How Your Vagina Changes Throughout Your Life — And How To Care For It At Every Stage

"If a TGD [transgender or gender diverse] person is using testosterone, it is common to see vaginal irritation since testosterone counteracts the estrogen in the genital tissues, making those tissues thinner and weaker," says Juno Obedin-Malver, MD, MPH, MAS, OB-GYN, assistant professor at Stanford University School of Medicine, and co-director of The PRIDE Study. "This can cause dryness, irritation, micro-tears, loss of the folds of the vagina, pain with and without sexual activity. We call this vaginal atrophy." [Read more](#)



Photo from article

All of Us Research Workbench turned 1!



The All of Us Researcher Workbench is one year old! Since its launch, data from over 316K of our participants has been made available for researchers to help drive health and medical discoveries. The All of Us Research Hub stores health data from a diverse group of participants from across the United States. Approved researchers can access All of Us data and tools to conduct studies to help improve our understanding of human health. Learn more and apply for access at ResearchAllOfUs.org

To learn more about the All of Us Research Program and to enroll online, JoinAllOfUs.org/LGBTQ.



Community Partner Events



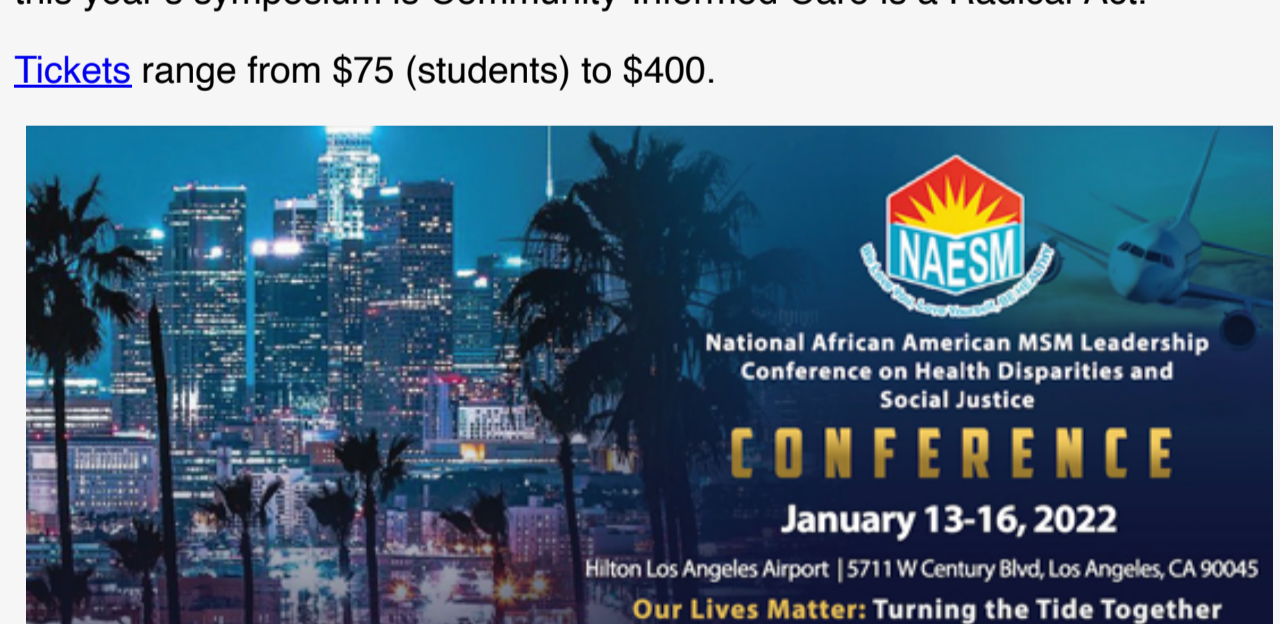
Join the Center for Black Equity on July 21 at 6:00pm to honor the 2021 DC Black Pride Award recipients. The evening will include cocktails and hors d'oeuvres. Program begins at 7:15 p.m. To attend this event, you must be at least 21. ID will be required.

Tickets are \$10.



The Midwest LGBTQ Health Symposium 2021 (MLHS 2021), presented by Howard Brown Health's Center for Education, Research and Advocacy, brings together healthcare professionals, educators, researchers, and advocates from across the country to disseminate evidence-based practices and engage in rigorous discussion around issues relating to the health of the lesbian, gay, bisexual, transgender, and queer communities. The theme of this year's symposium is Community-Informed Care is a Radical Act.

Tickets range from \$75 (students) to \$400.



NAESM, Inc. is pleased to announce their 18th annual National African American MSM Leadership Conference on Health Disparities and Social Justice. The theme of the conference is "Our Lives Matter: Turning the Tide Together". Early bird conference registration is only \$299! They also have their call for abstracts open. Abstracts will be accepted as institutes, workshops, or poster presentations.

[Submit an abstract!](#)

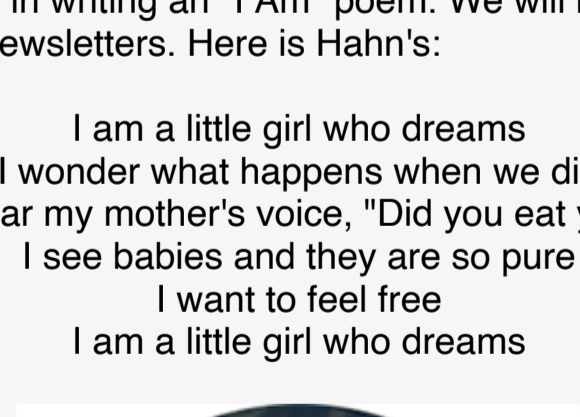
[Early bird registration!](#)

Creative Corner

Writing an "I Am" Poem

One of our PRIDENet Ambassadors, Hahn Nguyen, held a creative session during our summit where people could share their writing. She also had a [tutorial](#) to guide us in writing an "I Am" poem. We will be sharing some of these in upcoming newsletters. Here is Hahn's:

I am a little girl who dreams
I wonder what happens when we die
I hear my mother's voice, "Did you eat yet?"
I see babies and they are so pure
I want to feel free
I am a little girl who dreams



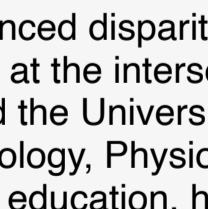
Bio
Hanh Nguyen was born and raised in San Jose, California. As the daughter of refugee parents, she experienced disparities in health and privilege which motivate her to pursue a career at the intersection of medicine, public health, and social justice. She attended the University of California Davis where she graduated with a BS in Neurobiology, Physiology, and Behavior. She returned to San Jose to work in education, health engagement, and outreach among the community she grew up in. She is now gaining clinical experience while working as a scribe at a hospital and health center. In her free time, she practices yoga, reads, eats, and helps facilitate a community for queer Christians. She also appears in our [2020 Summit Testimonial](#) video. Thank you for all your hard work and dedication!

OUR ONLINE COMMUNITY!

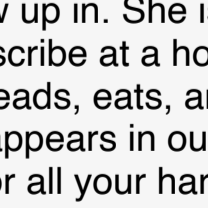
Become a part of our online community and learn about program updates, as well as what's happening in the community around you.

Follow One, Follow All, Follow Today!

The PRIDE Study

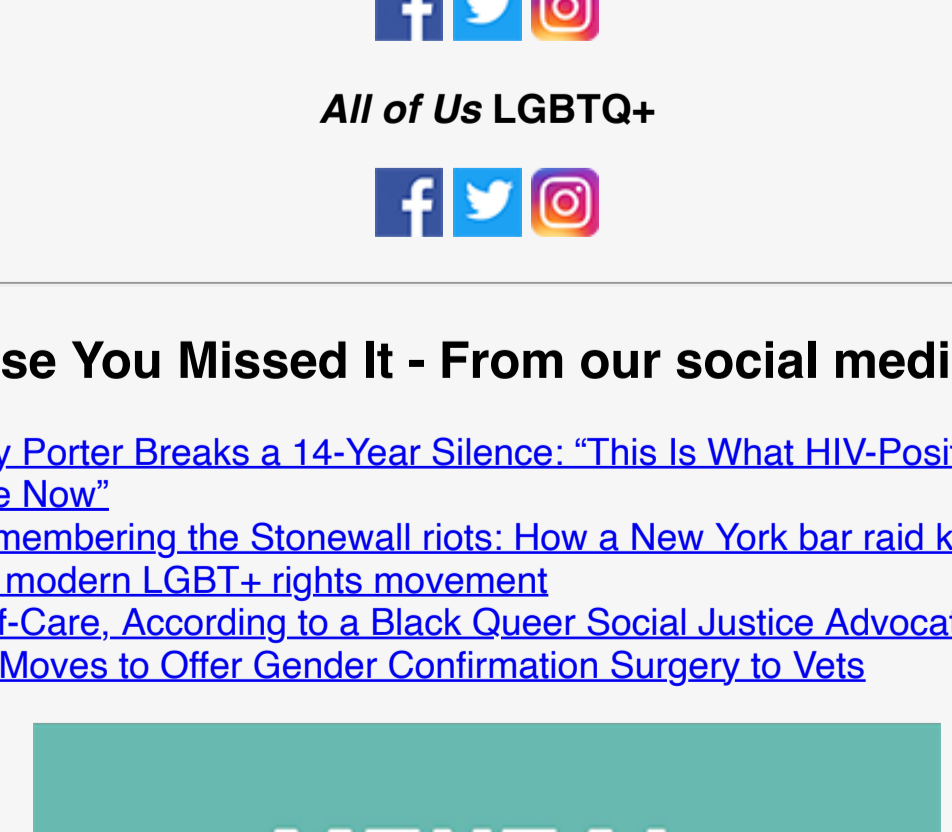


All of Us LGBTQ+



In Case You Missed It - From our Social media feeds

- [Billy Porter Breaks a 14-Year Silence: "This Is What HIV-Positive Looks Like Now"](#)
- [Remembering the Stonewall riots: How a New York bar raid kickstarted the modern LGBT+ rights movement](#)
- [Self-Care: According to a Black Queer Social Justice Advocate](#)
- [VA Moves to Offer Gender Confirmation Surgery to Vets](#)



View more stories and images by joining our online community!



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