

Dear Friend,

Flowers aren't the only thing in bloom this spring. Allow me to introduce myself, my name is JT Williams, and I am one of the newest members to join the PRIDEnet team. Many may know me by my other alias, German Chocolate. Before coming to America, I was born in Heidelberg, Germany, where my schoolmates gave me this excellent nickname.

In my new role as Regional Engagement Coordinator of the South, my territories will range from DC to Florida and include other neighboring states like Texas. I am excited to share encouraging messages and information about the benefits of research, representation, and community that our seasoned partners are creating. In addition, introducing you to some of the new partners I am currently engaging with.

As we navigate the new space that COVID19 has created, I'd like to challenge others to reconnect and strengthen lines of communication with each other. Be intentional to challenge yourself to learn and share something new. There are also plenty of opportunities within the studies to see that we are not alone in various aspects of life. For instance, you can see how many people in your area have joined the study.

I look forward to partnering with you all and putting my little Germany Chocolate expertise on health messages and community engagement. Don't forget to follow our social media pages (scroll to bottom) to stay connected about upcoming events we are hosting or participating in with our community partners.

Cordially,



JT Williams

JT "German Chocolate" Williams (He/Him/His)
Regional Engagement Coordinator of the South, The PRIDE Study, PRIDEnet

New Publications!



Jason M. Nagata, MD

Publication #24: Appearance and performance-enhancing drugs and supplements (APEDS): Lifetime use and associations with eating disorder and muscle dysmorphia symptoms among cisgender sexual minority people

We studied use of muscle-building supplements among gay, lesbian, and bisexual plus people (those who identify as bisexual, pansexual, and/or polysexual) in The PRIDE Study. We asked about supplements like protein, creatine, and steroids which can be used to build muscle.

[Read more](#)

Publication #26: Associations among Romantic and Sexual Partner History and Muscle Dysmorphia Symptoms, Disordered Eating, and Appearance- and Performance-Enhancing Drugs and Supplement Use among Cisgender Gay Men

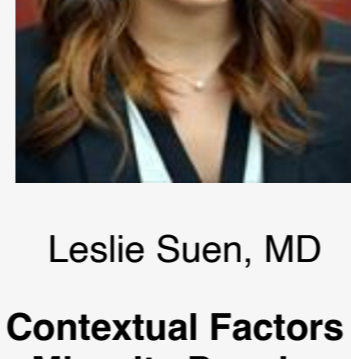
This is one of the first studies to examine how relationship status (single or not single) and number of sexual partners are related to eating disorders, muscle dysmorphia, and muscle-building supplement use among gay men.

[Read more](#)

Publication #27: Appearance and performance-enhancing drugs and supplements (APEDS), eating disorders, and muscle dysmorphia among gender minority people

This is one of the first studies to examine how the use of muscle-building supplements is related to eating disorders and muscle dysmorphia (when someone is worried about not being muscular enough) in transgender and gender-expansive people.

[Read more](#)



Leslie Suen, MD

Publication #25: Do Ask, Tell, and Show: Contextual Factors Affecting Sexual Orientation and Gender Identity Disclosure for Sexual and Gender Minority People experience to care for them better.

Researchers from The PRIDE Study held 9 focus groups in the San Francisco Bay Area and 19 one-on-one interviews all over the country to ask LGBTQ+ people: what are some ways that context can affect how you respond to SOGI questions?

[Read more](#)

If you're a participant - THANK YOU! - this work could not have been done without you.
If you haven't joined yet, go to pridestudy.org.

The Heart of Healthcare Podcast

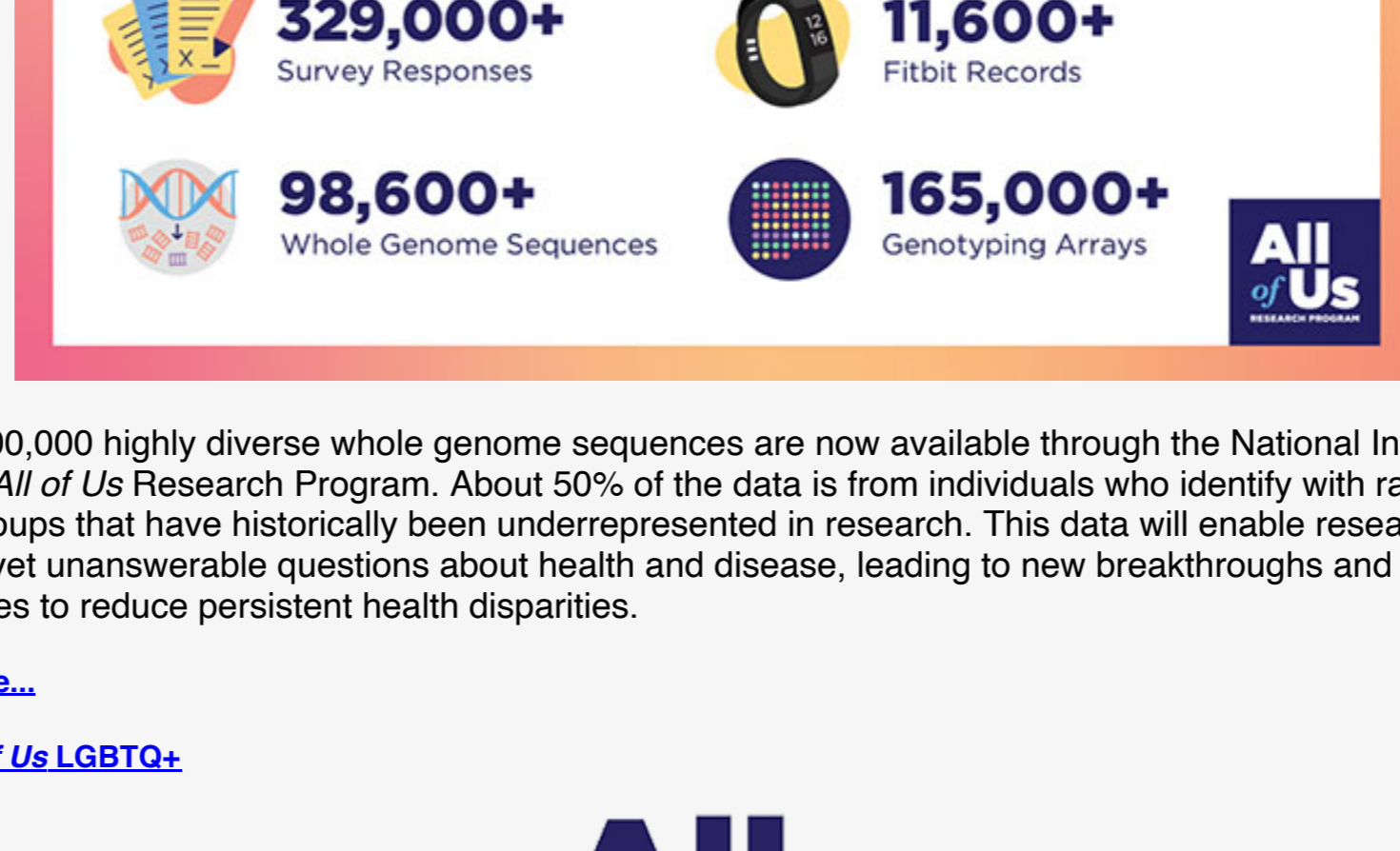


Our co-director, Dr. Mitchell Lunn, was interviewed on [The Heart of Healthcare](#) podcast where he explained the health disparities queer people face and his work with The PRIDE Study, the first long-term national health study of LGBTQ+ people. LGBTQ+ people face worse health outcomes in our country due to a long history of oppression and discrimination. In the episode, he explains what health equity means for SGM people, and what people can do to be better allies. Share with your family and friends.

[Listen now](#)

All of Us - News!

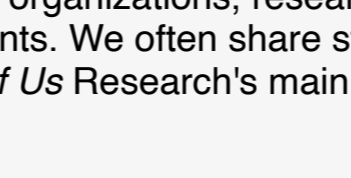
NIH's All of Us Research Program Releases First Genomic Dataset of Nearly 100,000 Whole Genome Sequences All of Us.



Nearly 100,000 highly diverse whole genome sequences are now available through the National Institutes of Health's All of Us Research Program. About 50% of the data is from individuals who identify with racial or ethnic groups that have historically been underrepresented in research. This data will enable researchers to address yet unanswered questions about health and disease, leading to new breakthroughs and advancing discoveries to reduce persistent health disparities.

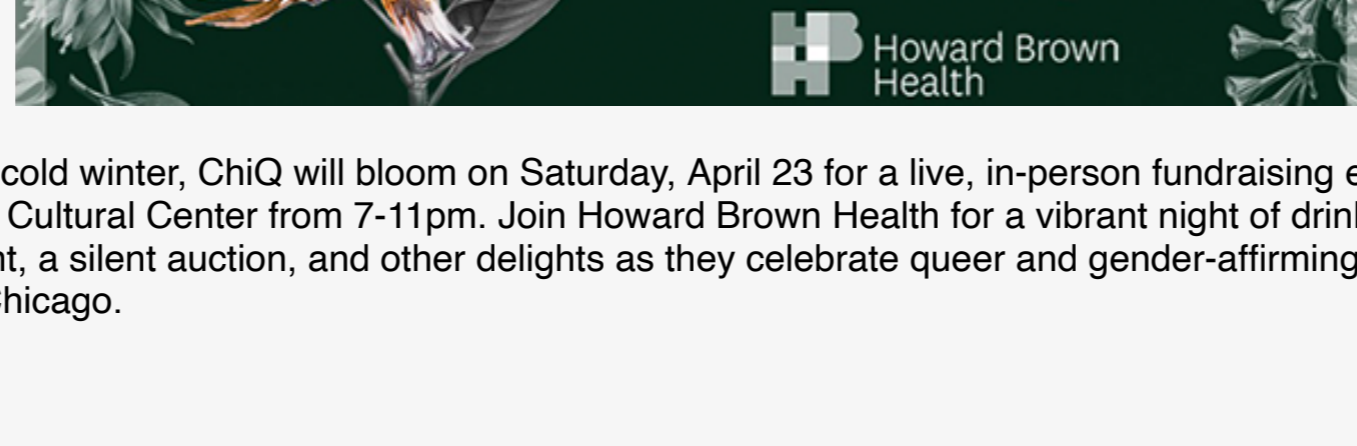
[Read more...](#)

[Join All of Us LGBTQ+](#)



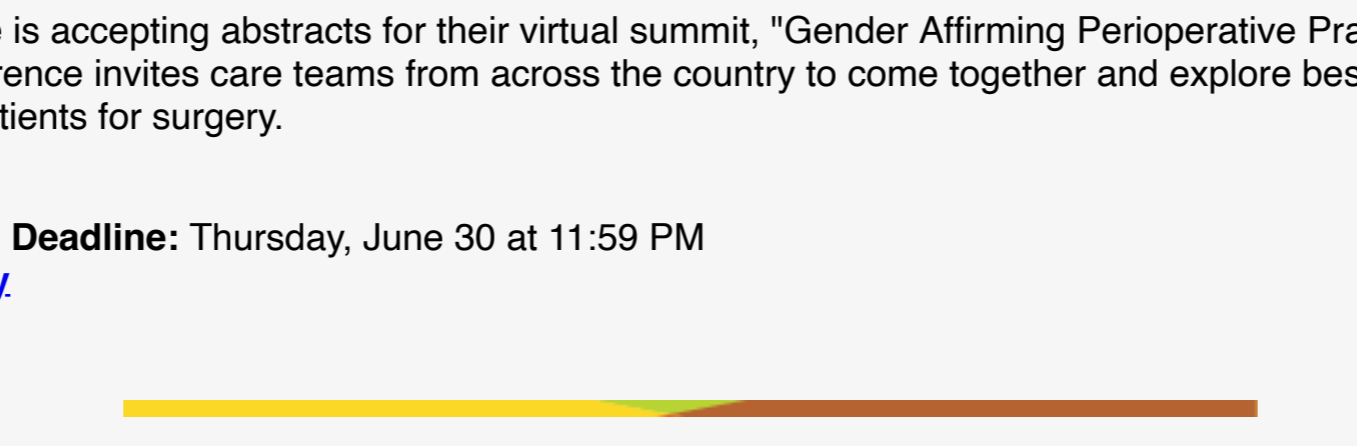
All of Us LGBTQ+ is part of a unique mix of organizations, researchers, health care professionals, technology experts, community partners, and participants. We often share stories from other community partners and/or the All of Us Research's main program.

Community Partner Announcements



After a long, cold winter, ChiQ will bloom on Saturday, April 23 for a live, in-person fundraising event at the South Shore Cultural Center from 7-11pm. Join Howard Brown Health for a vibrant night of drinks, dancing, entertainment, a silent auction, and other delights as they celebrate queer and gender-affirming wellness services in Chicago.

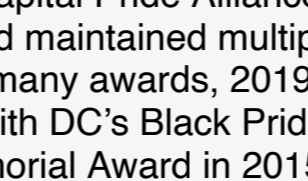
[Register](#)



Callen-Lorde is accepting abstracts for their virtual summit, "Gender Affirming Perioperative Practices". This virtual conference invites care teams from across the country to come together and explore best practices preparing patients for surgery.

Submission Deadline: Thursday, June 30 at 11:59 PM
[Apply Today](#)

Meet a PRIDEnet Ambassador



SaVanna Wanzer has been a DC Trans advocate, HIV educator, and community volunteer for more than 25 years. As the founder of Capital Trans Pride in 2007, she later started May Is? All About Trans in 2018, a series of events celebrating, featuring, and loving transgender people. Designed to educate and build bridges across all communities, SaVanna has grown her vision to include organizations and individuals from across the country. During her many years of service, SaVanna was the first transgender woman to serve on the boards of Whitman-Walker Health and the Capital Pride Alliance. She has also served on the DC Mayor's LGBTQ Advisory Committee, and started and maintained multiple peer mentoring programs. An active CAP member for NMAC & DCCFAR. Among her many awards, 2019 she was one of Leon Harris' NBC 4 Heroes and TAGG Magazine, she was recognized with DC's Black Pride Unsung Hero Award in 2017, Whitman-Walker Legal's Robert Fenner Urquhart Memorial Award in 2015, and Capital Pride's Hero Award in 2008. Retired from the federal government, SaVanna remains very active in her community and at Westminster Presbyterian Church in DC. Her future goal to take May Is? "All About Trans" National level.

Thank you SaVanna, for all your hard work and dedication!

In Other News

Our PRIDE team members are always working on projects that touch on LGBTQ+ health. Many of these inform the work we do at PRIDEnet for All of Us and The PRIDE Study. Check out the list below to see what else our team members are up to:

Our Co-Director, Dr. Juno Obedin-Maliver co-authored several publications!

- [Perinatal considerations for care of transgender and nonbinary people: a narrative review.](#)
- [Reproductive health in transgender and gender diverse individuals: A Narrative Review to Guide Clinical Care and International Guidelines.](#)
- [Representation of Sexual and Gender Minority People in Patient Nondiscrimination Policies of Cancer Centers in the United States.](#)
- [Abortion attempts without clinical supervision among transgender, nonbinary and gender-expansive people in the United States.](#)
- [Obstetric and birth outcomes among sexual and/or gender minority patients](#) (Also co-authored by PRIDElab Member, Ada Zhang)

Presentations:

- Dr. Juno Obedin-Maliver, and Dr. Ash Alpert gave Grand Rounds at Yale on March 22, 2022 to discuss "Advancing Transgender and Gender Diverse Visibility and Inclusion and Data Accuracy in Oncology."
- Micah Lubensky, PhD, PRIDEnet's Participant Engagement Director, will be presenting "Generations: Black LGBTQIQ History Experiences – Teaching Black LGBTQIQ history, supporting wellness, and nurturing Black LGBTQIQ leadership" at Gathering, Preserving, and Telling the Untold Stories of Santa Clara County and Beyond at Stanford University on May 12, 2022.

[Register](#) (In person only - no virtual option)

Our Online Community!

Become a part of our online community and learn about program updates, as well as what's happening in the community around the country.

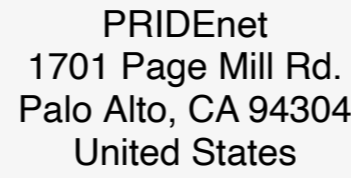
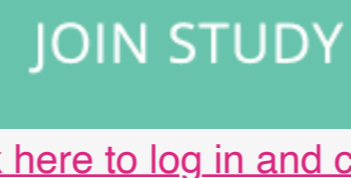
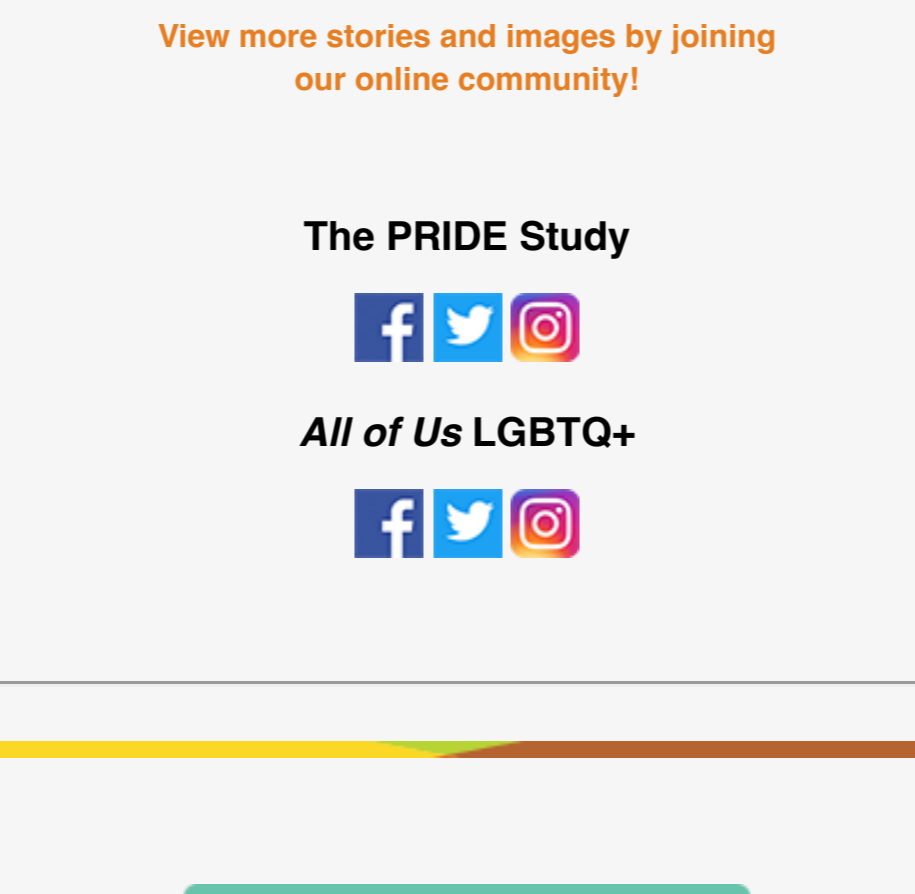
Follow One, Follow All, Follow Today!



In Case You Missed It

From our social media feed

- [I Know What It's Like to Be a Florida Teen Who Can't Say Gay](#)
- [More LGBTQ couples can access Social Security survivor benefits. The challenge is getting the word out.](#)
- [16 queer Black trailblazers who made history](#)
- [What Is Heart-Healthy Living?](#)



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