

Dear Friend,

In moments of struggle, we often find ourselves seeking stories much like our own. Realizing that we aren't alone in our experiences can be a powerful buffer against loneliness and loss. As LGBTQ+ people, we rarely see ourselves fully reflected in the world, and, when we do, they tend to dilute, pathologize, and further stigmatize our experiences and identities. Things are changing, but so much of our community is still left on the outskirts of representation and proper healthcare.

Many of us experience bias and prejudice when we walk into a doctor's office or clinic and, as a result, leave without the proper care needed to conduct healthy lives. Both The PRIDE Study and the All of Us Research Program are seeking to change this. These projects are the beginning of that process of assertion—public displays of LGBTQ+ world building and community growth. Perhaps a world in which we feel fully safe has yet to exist, but we have the power to start building it—to begin writing the blueprints that can act as its foundation.

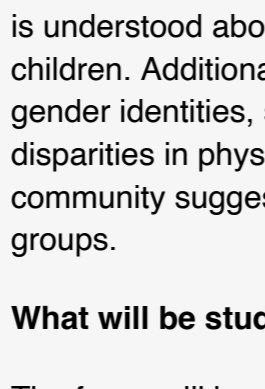
It might seem funny to imagine health data as a story, but that's exactly what we're doing! The variety of experiences drawn from our survey data constructs a vast array of unique and complex narratives, much like the spectrum of identities that make up our LGBTQ+ community.

That's why I joined PRIDEnet. As the team's Assistant Clinical Research Coordinator, it's my job to perform outreach for both The PRIDE Study and All of Us in order to diversify our data pool and extend arms to those underserved and marginalized. I love the idea that the work I do subverts single-story scripts, embraces multiplicity, and strives for health equity and truly universal care.

This project isn't the work of a privileged few, but an entire community. Our liberations are tied together, and it's through that togetherness that we can influence the current system to bring change to future generations. Through you, we can make this happen.

With love,

Together in Pride,



*Eli Hundermark*  
Eli Hundermark (they/he)  
Assistant LGBTQ+ Clinical Research Coordinator

### Special Announcement!

PRIDEnet has received a grant funded by the Stanford Maternal & Child Health Research Institute. Principal investigator Juno Obedin-Maliver and co-investigator Stephanie Leonard will explore Sexual and/or Gender Minority Family Building: Understanding Barriers, Facilitators, Patterns, and Health Outcomes through a National, Community-Engaged Study, with PRIDEnet as a community engagement partner. If you would like to contribute to these efforts, we invite you to join [The PRIDE Study](#) as a participant and share your own experiences related to family planning.

#### Why it's important?

An estimated 37% of lesbian, gay, bisexual, transgender, and/or queer (LGBTQ+) adults in the U.S. are parents. However, little is understood about the ways that LGBTQ+ people build their families and the health outcomes of LGBTQ+ parents and their children. Additionally, differences in family building within the LGBTQ+ community among people of different sexual orientations, gender identities, sexes assigned at birth, races/ethnicities, and socioeconomic status are unknown. Documented health disparities in physical/mental health outcomes between LGBTQ+ and non-LGBTQ+ people and within the LGBTQ+ community suggest there may be important differences in family building and family health outcomes among these various groups.

#### What will be studied:

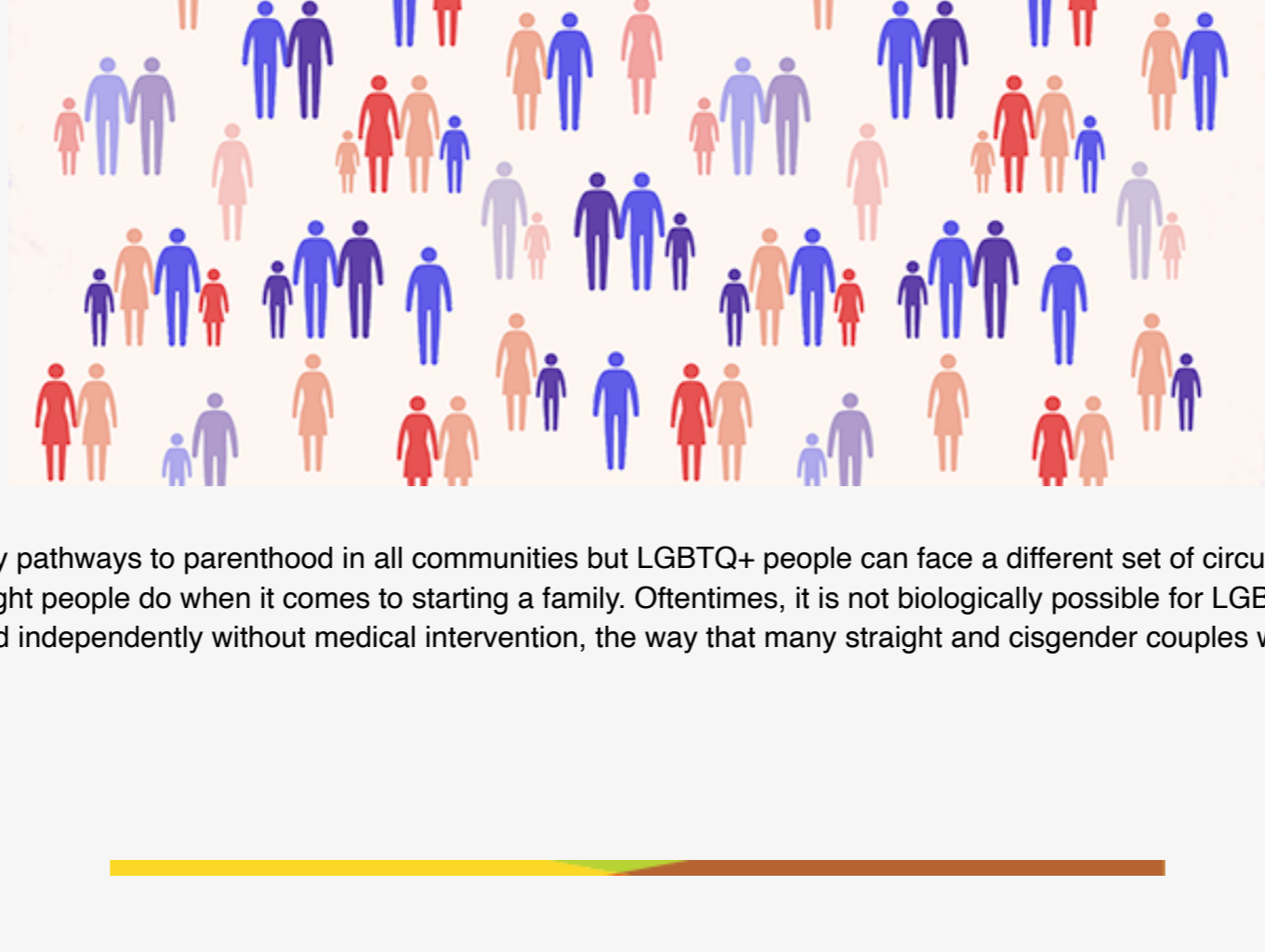
The focus will be on understanding the ways that LGBTQ+ people become parents (broadly, through sexual activity, assisted reproductive technology, adoption or fostering, or other), as well as physical and mental health differences between LGBTQ+ parents and LGBTQ+ non-parents.

View other topics in progress at: <https://bit.ly/3zvVPIg>

### New Blog!

#### The Ultimate Goal is Equity in Family Building: What Do We Know and Where Are We Going?

by: Ava Cecilia Snow

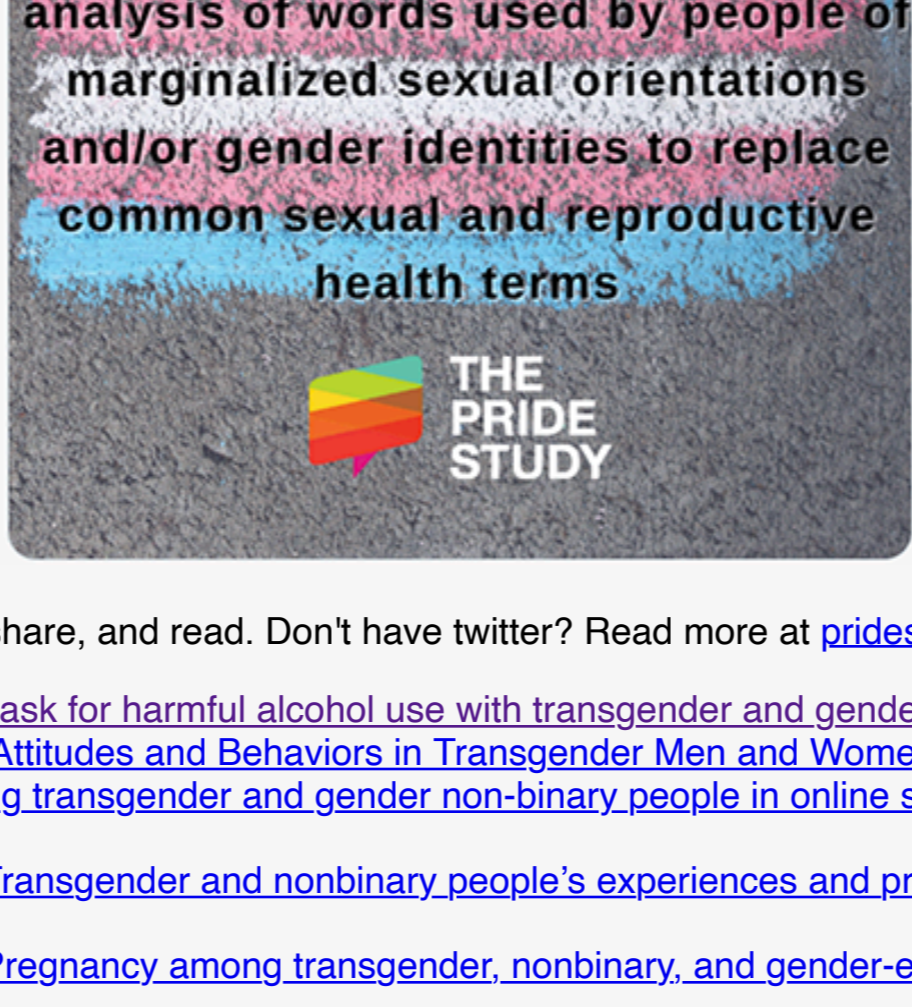
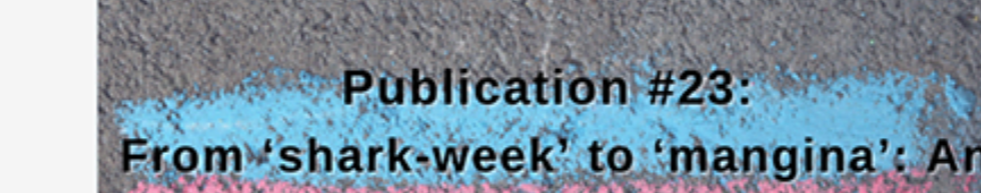


There are many pathways to parenthood in all communities but LGBTQ+ people can face a different set of circumstances than cisgender straight people do when it comes to starting a family. Oftentimes, it is not biologically possible for LGBTQ+ couples to conceive a child independently without medical intervention, the way that many straight and cisgender couples without fertility issues can.

[Read more](#)

### New Publications!

Did you see our campaign for Transgender Awareness Week? We shared our publications about transgender and gender expansive people. These findings can help providers and researchers understand the transgender and gender-expansive people experience to care for them better.



Click each link to like, share, and read. Don't have twitter? Read more at [pridestudy.org/research](https://pridestudy.org/research)

- **Publication #6:** [How to ask for harmful alcohol use with transgender and gender expansive people](#)
- **Publication #7:** [Eating Attitudes and Behaviors in Transgender Men and Women](#)
- **Publication #8:** [Including transgender and gender non-binary people in online sexual and reproductive health surveys](#)
- **Publication Title #12:** [Transgender and nonbinary people's experiences and preferences with abortion nationally](#)
- **Publication Title #13:** [Pregnancy among transgender, nonbinary, and gender-expansive \(TGE\) people in the United States](#)
- **Publication Title #17:** [Attempts by transgender, nonbinary and gender-expansive people to end pregnancies without a healthcare provider](#)
- **Publication Title #21:** [Community Norms of the Muscle Dysmorphic Disorder Inventory \(MDDI\) among Gender Minority Populations](#)
- **Publication #22:** [Online health information seeking, health literacy, and human papillomavirus vaccination among transgender and gender diverse people](#)
- **Publication #23:** [From 'shark-week' to 'mangina': An analysis of words used by people of marginalized sexual orientations and/or gender identities to replace common sexual and reproductive health terms](#)

If you're a participant - THANK YOU! - this work could not have been done without you. If you haven't joined yet, go to [pridestudy.org](https://pridestudy.org)

### In Other News

Our PRIDE Team members are always working on projects that touch on LGBTQ+ health. Many of these inform the work we do at PRIDEnet for All of Us and The PRIDE Study. Check out the list below to see what else our team members are up to:

**Dr. Juno (PRIDE Co-Director)** co-authored "[Cancer Equity and Affirming Care: An Overview of Disparities and Practical Approaches for the Care of Transgender, Gender-Nonconforming, and Nonbinary People](#)" published in *Clinical Journal for Oncology Nursing*.

**Dr. Juno (PRIDE Co-Director)** co-authored "[Sexual Orientation Diversity and Specialty Choice Among Graduating Allopathic Medical Students in the United States](#)," published in *JAMA Network Open*.

**Dr. Juno (PRIDE Co-Director)** co-authored "[Sexual Wellness in Cisgender Lesbian, Gay, and Bisexual People](#)," published in *The Urologic Clinics of North America*.

**Ada Zhang, Iman Berrahou, Stephanie Leonard, Elliot Main, and Juno Obedin-Maliver.** "[Birth registration policies in the United States and their relevance to sexual and/or gender minority families: identifying existing strengths and areas of improvement](#)" published in *Social Science and Medicine*. Online December 20, 2021. (Led by Stanford Med Student and PRIDE Lab trainee - Ada Zhang!)

### All of Us Profile

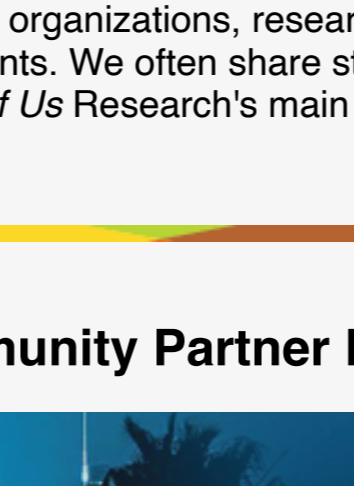
Meet New York Participant, also a member of the *All of Us* Research Program's Community Participant Advisory Board, Ysabel Abreu: A Profile in Perseverance and the Humanity in *All of Us*.



Perseverance has defined Ysabel Abreu's life. During the pandemic, Abreu struggled to find an affordable apartment in New York City when her longtime East Harlem apartment had become too expensive. The search proved stressful and unerving, but Abreu drew on strength and resilience cultivated after immigrating by herself from the Dominican Republic as a young adult. "I understand that our history has put us in a place that makes many distrust medical research... But at the same time, it has been through medical research that we as a collective humanity have been saved during this pandemic. I am part of this community that feels traumatized, but not participating will make you invisible."

[Read more...](#)

[Join All of Us LGBTQ+.](#)

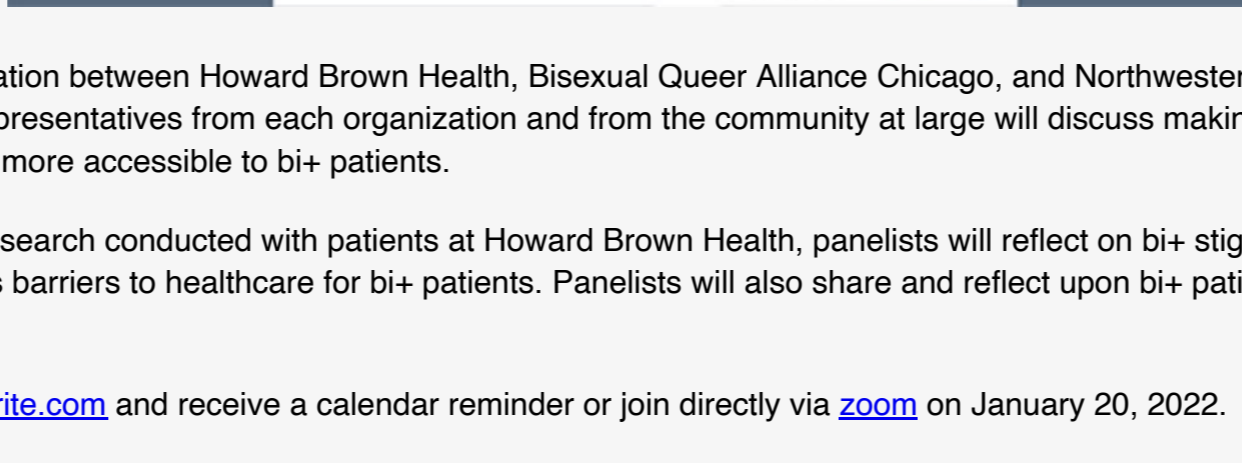


*All of Us* LGBTQ+ is part of a unique mix of organizations, researchers, health care professionals, technology experts, community partners, and participants. We often share stories from other community partners and/or the *All of Us* Research's main program.

### Community Partner Events



If you're currently at NAESM, stop by our booth and say hi! We're here until the 16th.



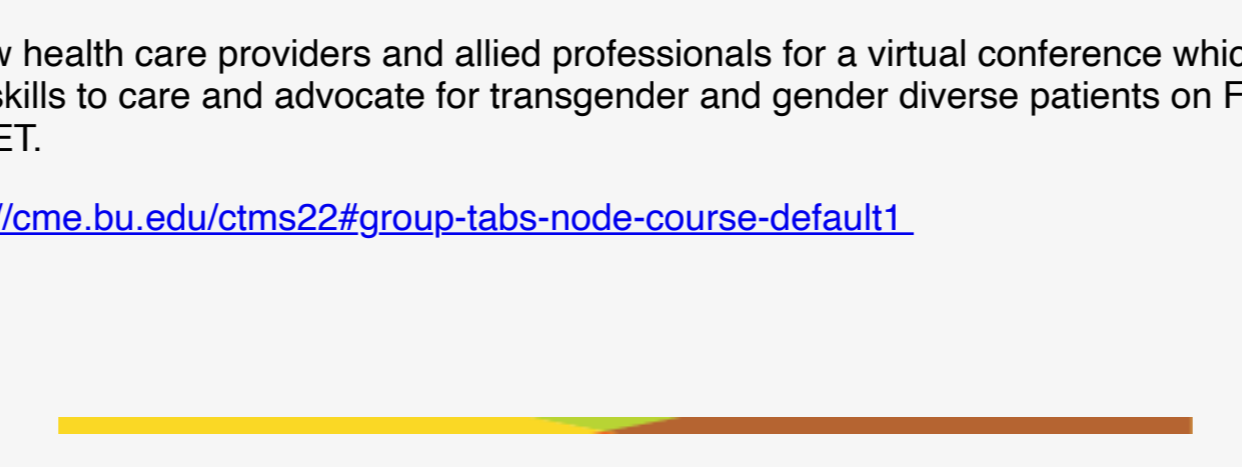
Through a collaboration between Howard Brown Health, Bisexual Queer Alliance Chicago, and Northwestern University, a panel of speakers with representatives from each organization and from the community at large will discuss making primary healthcare settings more accessible to BI+ patients.

Based on survey research conducted with patients at Howard Brown Health, panelists will reflect on BI+ stigma in healthcare and how to address barriers to healthcare for BI+ patients. Panelists will also share and reflect upon BI+ patient experiences - including their own!

Register on [eventbrite.com](https://eventbrite.com) and receive a calendar reminder or join directly via [zoom](https://zoom.us) on January 20, 2022.

[Register](#)

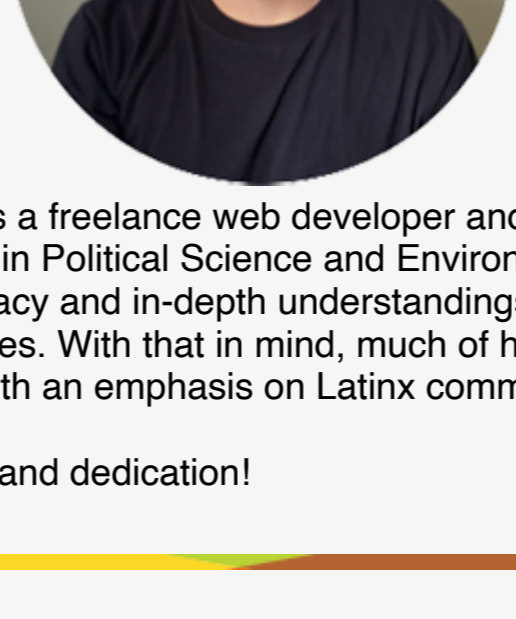
[Zoom](#)



Please join fellow health care providers and allied professionals for a virtual conference which aims to share knowledge and skills to care and advocate for transgender and gender diverse patients on February 10, from 8am ET to 5pm ET.

More info: <https://cme.bu.edu/trans22?group-tabs-node-course-default1>

### Meet a PRIDEnet Ambassador



**Paul Vila** (Pronouns: he, him, his, 41) is a freelance journalist and writer. He attended New College of Florida, where he graduated with a BA in Political Science and Environmental Studies. His academic work has focused on marrying scientific literacy and in-depth understandings of sociopolitical structures with the goal of disassembling systemic injustices. With that in mind, much of his current activist work centers on outreach for LGBTQ+ health issues, with an emphasis on Latinx communities.

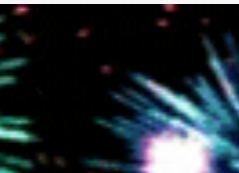
Thank you Paul, for all your hard work and dedication!

### OUR ONLINE COMMUNITY!

**Become a part of our online community and learn about program updates, as well as what's happening in the community around the country.**

Follow One, Follow All, Follow Today!

The PRIDE Study

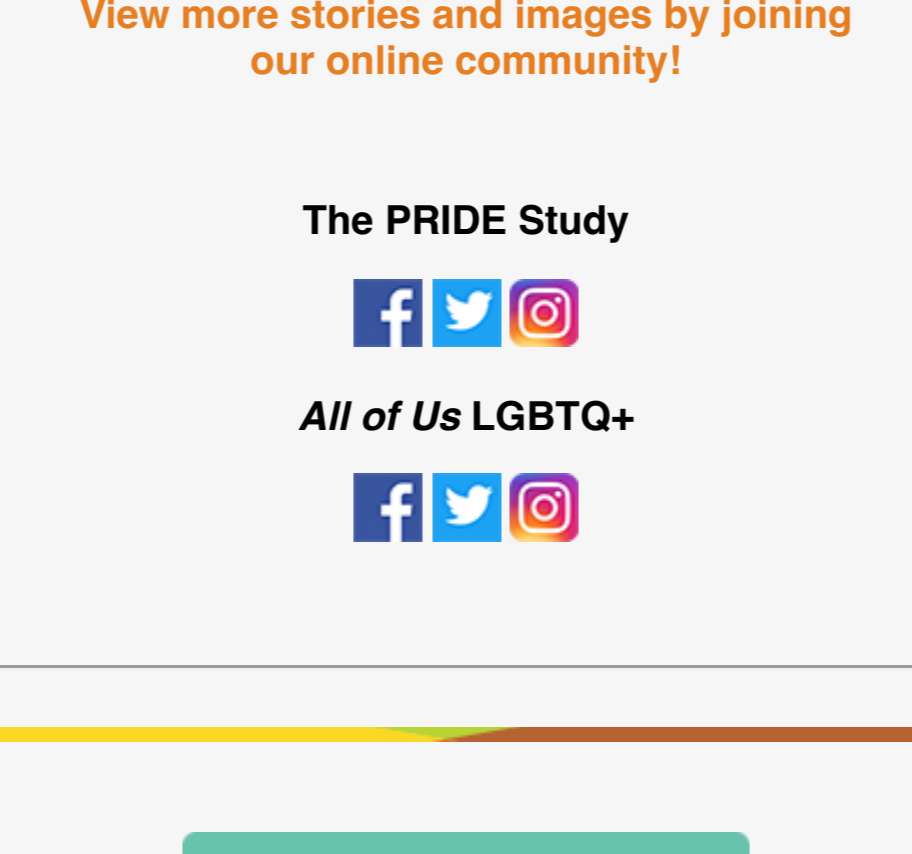


All of Us LGBTQ+



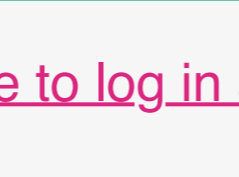
### In Case You Missed It - From our social media feed

- [Take Notes From TikTok's HIV+ Community](#)
- ['A game changer': Planned Parenthood starts offering gender affirming care](#)
- [There could be twice as many LGBT adults in US than earlier estimated, report says](#)
- [Acceptance reduces suicide risk for intersex youths by more than 50 percent, report](#)

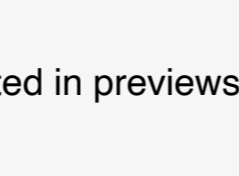


View more stories and images by joining our online community!

The PRIDE Study



All of Us LGBTQ+



[JOIN STUDY](#)

Already joined? [Click here to log in and check for new surveys!](#)